



Frederick High School will be hosting its first Winter Cheerleading Invitational on **Monday January 13, 2022 (January 15<sup>th</sup> SNOW DATE)**. This competition is open to JV and Varsity teams and is sanctioned by the Maryland Public Schools State Cheerleading.

**Competition start time 6:30pm**

**REGISTRATION:**

- \$150 per team or \$250 for two teams
- Make all checks payable to: FHS Boosters- Cheer
- PAYMENTS ARE NON-REFUNDABLE
- All registration forms and checks are due by December 30, 2021
- Only the first 20 teams to register will be guaranteed entry

**COMPETITION GUIDELINES:**

- The competition will follow the National Federation of High Schools (NFHS) cheerleading rules and regulations
  - NO cells phones at ANY time are permitted from athletes
  - Athletes must always wear their uniform completely (zipped, shoes, etc.) / NO JEWELRY
- Safety and Panel judges are certified by the MPSSC
- The length of the routine must not exceed 2 minutes and 30 seconds
- Up to 30 people- coaches, mascots, managers, alternates, members – will be allowed to enter with the team (please add their information to the roster)

**EVENT INFORMATION:**

- Athletes will compete on a 42' x 42' non-spring cheerleading mat
- Concessions will be sold
- Event t-shirts will be available for purchase
- Team registration will begin at 4:45pm -5:15pm
- Doors will open at 5:30pm for spectators
- Competition starts promptly at 6:30pm.
- Senior spotlight
- Cost of admission: \$5.00

**Please complete your registration and mail it with your check to:**

**Frederick High School Boosters-Cheer**

650 Carroll Parkway

Frederick, MD 21701

If you have any questions, please contact:

Terez Dorsey at 732-684-1387 or [Qurontez.Miller@fcps.org](mailto:Qurontez.Miller@fcps.org)

School Name: \_\_\_\_\_ Division: (Circle One) JV Varsity

School County: \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone Number: \_\_\_\_\_

School Mascot: \_\_\_\_\_ School Colors: \_\_\_\_\_

Total # of Athletes *Competing*: \_\_\_\_\_

Head Coach (es) Name: \_\_\_\_\_

Contact Number and Email: \_\_\_\_\_

Assistant Coach (es) Name: \_\_\_\_\_

**\*\*Only coaches listed on this registration for will be permitted to enter with the team\*\***

\*Please list squad members alphabetically- ONE name per line

\*Please label all alternates, mascots, and managers- alternates MUST be in uniform

\*Everyone listed on this sheet will be allowed in during registration time. All others will be directed to the entrance.

**Team #1**

NAME	NAME
1.	16.
2.	17.
3.	18.
4.	19.
5.	20.
6.	21.
7.	22.
8.	23.
9.	24.
10.	25.
11.	26.
12.	27.
13.	28.
14.	29.
15.	30.

**Team #2**

NAME	NAME
1.	16.
2.	17.
3.	18.
4.	19.
5.	20.
6.	21.
7.	22.
8.	23.
9.	24.
10.	25.
11.	26.
12.	27.
13.	28.
14.	29.
15.	30.