Fall 2020 Lancer Legacy Invitational

The Linganore Lancers will host their 1st Annual Fall Invitational competition at Linganore High School. Please join us on Saturday, October 3, 2020 starting at 12pm. This competition is open to Varsity and Junior Varsity teams and is sanctioned by Maryland Public Schools State Cheerleading (MPSSC).

Registration:
- $150 per team
- Make all checks payable to LHS Cheer
- All registration information and checks must be received by September 18, 2020
- Only the first 20 teams to register will be guaranteed a spot
- PAYMENTS ARE NON REFUNDABLE

Competition Guidelines:
- National Federation of High Schools (NFHS) and MPSSC Cheerleading rules and regulations will be followed including:
  - NO CELL PHONES are allowed in the cheerleaders holding area
  - Athletes must wear their entire uniform for the duration of the competition/no jewelry
- Judges will be provided by MPSSC and will use MPSSC score sheets.
- The length of the routine shall not exceed two and a half minutes.
- ALL MUSIC IS ALLOWED! Must have cheer section and it cannot be voiced over
- Must have your music license with you to show compliance with US Copyright laws
- Up to 25 athletes are allowed on the mat
- Only coaches that are approved by your county Athletic Supervisor are allowed to enter with your teams

Event Information:
- The competition will be held in the main gymnasium of Linganore High School.
  - All athletes WILL be able to watch the competition!!
- Routines will be performed on a non-spring, cheerleading mat (42x42)
- Concessions and t-shirts will be sold
- Coach’s room will be provided with lunch and drinks for all registered coaches and will be open the entire competition.
- Team registration will begin at 10:30am
- Warm-ups will be on a FULL cheer mat in our adjacent auxiliary gym.
- Tumblers will be able to warm up on the main mat from 11-11:30am.
- Doors will open to the public at 11:30am
- The competition will begin at 12:00 pm
- Cost of admission: $6.00 for adults/$2 for students
- Linganore Cheer teams will not be competing (exhibition only)
- Coaches will receive a free tshirt
- Trophies awarded to the top 3 teams in both JV and Varsity

Please complete the MPSSC registration form and send electronically to the email below.
Mail payment to: Linganore High School c/o cheerleading comp - Coach Rumburg
12013 Old Annapolis Road, Frederick, MD 21701
If you have any questions, please contact: Amy Rumburg: amy.rumburg@fcps.org 301-471-5924