

For the Love
of stomp and shake

NEW TOWN HIGH
SCHOOL CHEER

Request your presence at their invitational
Saturday February 19, 2022

4931 New Town Blvd

Owings Mills , MD 21117

for details contact Coach Candice @cstephens@bcps.or

\$150 per team

For the **Love**
Of Stomp and Shake
New Town High School
4931 New Town Blvd,
Owings Mill, MD 21117
February 19, 2022 12pm

Stomp & Shake dates to the early 1970s and was created by two neighboring states, North Carolina and Virginia. Stomp & Shake cheerleading is synchronized, choreographed routines that a squad performs while chanting with upstomps, high kicks and usually performed with “jigga pops”, a fast double shake.

Registration

- \$150 per team
- Registration should include number and name of athletes and the Coach name and contact information
- Make checks payable to New Town High School Cheer (nonrefundable)
- All forms and checks due by January 19

Competition Guidelines

- Routine must be no longer than 2 minutes and 30 seconds
- No more than 25 athletes in a routine
- Masks must be worn by spectators and coaches

Event Details

- Athletes will perform on a 42' x 42' mat
- Vendors/ Concessions
- Registration starts at 12pm competition starts at 1pm
- Each team will be given time for warm-up
- Each team may nominate a solo performer
- Categories include: Creativity, Overall Performance, Solo , Stunts
- Awards given at the end of competition

**Please send registration information to
Coach Candice cstephens@bcps.org**