

# PRIVATE - PUBLIC

## Cheerleading Invitational

**JAN**  
**25**

### LOCATION

**ARCHBISHOP SPADLING  
HIGH SCHOOL  
8080 NEW CUT RD  
SEVERN, MD 21090**

### TIME

**10:00AM**

*Registration forms &  
payment due January 10*

Open to JV & Varsity teams  
\$150 for 1 team  
\$250 for 2 teams

*Compete in Game Day  
Division at no additional cost!*

Stunt group and Game Day  
Divisions Too!

2 Shining Star Nominations  
for each Varsity Team  
Performance!  
Free Gift for Seniors!

### *Questions?*

Contact Lindsey Miller  
Email [cheer@spaldinghs.org](mailto:cheer@spaldinghs.org)  
Cell 410-424-9044



The Archbishop Spalding Cheerleading Program would like to invite you to our Winter Invitational on Saturday, January 25, 2025. This competition is open to Junior Varsity and Varsity teams who belong to the Maryland Public Schools State Cheerleading Committee (MPSSCC) and non-MPSSCC teams.

REGISTRATION: Cost is \$150 for 1 team or \$250 for 2 teams.

Choose to compete in HS Performance Division and/or Game Day Division (no additional fee to compete in more than one routine style or stunt group.

Fees are non-refundable after January 10, 2025.

Please Make Checks payable to Archbishop Spalding High School  
Payment and completed registration form(s) should be mailed to:

Archbishop Spalding High School  
Attn: Lindsey Miller (Cheerleading)  
8080 New Cut Road in Severn, MD 21144

#### COMPETITION GUIDELINES

- National Federation of High School Cheerleading rules and regulations will be followed.
  - Category judging, a head judge, and safety judges will be utilized.
- The length of the performance division routine shall not exceed 2 minutes and 30 seconds. It can be all music. Keep in mind that the team must still include a “cheer” portion that cannot be voiced over within the music and must be performed by the team, on the mat.
- The length of the game day division routine shall not exceed 2 minutes with a maximum of 1 minute of music. Game Day material should focus on crowd leading skills and incorporate band chant dance or fight song and crowd leading cheer and/or chant. Tumbling is limited to tucks (standing/running). No single leg stunts, twisting/flipping entry/dismounts, baskets, or pyramids are permitted. Props are encouraged. Judging is subjective. Schools are limited to a single game day entry per school. Game Day routine can be performed by JV, Varsity, or a combination of athletes from both JV & Varsity teams.
  - Schools can enter up to 2 Stunt Groups with a maximum of 5 athletes per stunt group. Stunt group routine is limited to 1 minute and 30 seconds. Stunt group routine can be all music and does not require a cheer section, jumps, or tumbling.
  - No Cell Phones are allowed in the Cheerleaders holding area.
  - Athletes must wear their uniform for the duration of the competition
    - Up to 25 athletes are allowed on the mat to compete.
- Up to 30 people (Coaches, team managers, alternates, other members) will be allowed to enter with the team.

## EVENT INFORMATION

- The Competition will be held in the main gymnasium of Archbishop Spalding High School.
  - Routines will be performed on a 42x42 cheerleading mat (7 panels).
- Hospitality Room will be available for judges and coaches, snacks provided.

## SPECTATOR INFORMATION

- Cost of Admission is \$5.00. Children 5 and under are FREE!
  - Doors open to spectators at 9:30am
  - Concession Stand available!

## COMPETITION DETAILS

- Team Check-in will be between 8:00-9:00am.
- Warm-ups will be held in our secondary gym  
(final schedule will be released 1 week prior to the competition)
- Competition will start at 10:00am.

## AWARDS

- 1st, 2nd, and 3rd highest scoring private schools & 1st, 2nd, and 3rd highest scoring public schools will receive team trophies for each team division (JV Performance, Varsity Performance, and Game Day)
- Top 3 highest scoring stunt groups will receive awards for Stunt Group Competition (Max 2 Entries per team)
- Specialty Awards • Shining Star Recognition (2 Nominees per team per routine)

Please contact Lindsey Miller, [cheer@spaldinghs.org](mailto:cheer@spaldinghs.org), with any questions.

Hope to see you in January!