

# SEAHAWKS SHOWDOWN INVITATIONAL

2024-2025 WINTER SEASON



South River High School Cheerleading would like to invite you to our Winter Cheerleading Invitational on **Wednesday, January 15, 2025**. This competition is open to Junior Varsity and Varsity teams who belong to the Maryland Public Schools State Cheerleading Committee (MPSSCC) and non-MPSSCC teams.

**Space is limited...please pre-register today!**

**TO RESERVE & SECURE YOUR SPOT: Please email [bafitzwater@aacps.org](mailto:bafitzwater@aacps.org) your intent to attend.** *Note: If I do not send you an email confirmation response back within 48 hours, please text or call me at 443-370-4605 to confirm that I received your email. Thank you.*

## **REGISTRATION**

- **Cost is \$150.00 for 1 team. \$250 for 2 teams.**
  - *No refunds after January 1st.*
  - Make checks payable to: SOUTH RIVER HIGH SCHOOL
  - Please send Payment and completed Registration Form(s) to:  
South River High School  
Attn: Beverly Fitzwater- Cheer Coach  
201 Central Ave East  
Edgewater, MD 21037
- Only the 1<sup>st</sup> 20 teams to register will be guaranteed a spot!
- Non-MPSSCC teams will receive an email with the Scoring Rubrics and Bulletin upon registering.
- *South River Teams will be Exhibition Only.*

## **COMPETITION GUIDELINES**

- National Federation of High School Cheerleading rules and regulations will be followed.
- Category judging, a head judge, and safety judges will be utilized.
- The length of the routine shall not exceed 2 minutes and 30 seconds. It can be all music. Keep in mind that the team must still include a “cheer” portion that cannot be voiced over within the music and must be performed by the team, on the mat.
- No Cell Phones are allowed in the Cheerleaders holding area.
- Athletes must wear their uniform for the duration of the competition
- Up to 25 athletes are allowed on the mat to compete.
- Up to 30 people (Coaches, team managers, alternates, other members) will be allowed to enter with the team.

## FACILITY INFORMATION

- The Competition will be held in the main gymnasium of South River High School.
- Routines will be performed on a 42x42 cheerleading mat.
- Hospitality Room will be available for judges and coaches.

## SPECTATOR INFORMATION

- Cost of Admission is \$5.00. Children 5 and under are FREE! (*Ticket sales - online only*)
- **Doors open to spectators at 5:15pm**
- There will be vendors available!
- Concession Stand available!

## COMPETITION DETAILS

- Team Registration will be between 3:45-4:15pm.
- 1<sup>st</sup> Warm-up timeslot to include tumbling will be by school at a designated timeslot from 4:00-5:20pm.  
Main floor.
  - *Due to the renovated Warm-up room, only 3 full size panels will now fit. For this reason, each team will be given 5 minutes to warm up tumbling and run-thru the routine, if wanted, on the main floor before the competition begins. This is in addition to your actual warm-up time, before your performance.*
- Coaches Meeting at 5:20pm. *Food & beverages will be served.*
- **The Competition will start at 6:00pm.**

## AWARDS

- 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Place Team Trophies will be presented for each division (JV and Varsity)
- Specialty Awards
- *Senior Recognition!*

Upon receipt of your registration form and check...more detailed information, including directions to the school, team warm-up and performance schedule, etc will be emailed to the coach/admin that registered.

**Reminder: Please email your intent to attend, # of Seniors, and your MPSSCC Registration Form(s) to [bafitzwater@aacps.org](mailto:bafitzwater@aacps.org).**

If you have any questions, please contact Beverly Fitzwater at [bafitzwater@aacps.org](mailto:bafitzwater@aacps.org) or by cell at 443-370-4605. You may call or text.

*Thank you and we look forward to seeing you!*